

Shane Clifford

As former IHL and ECHL Goalie, Shane now teaches the art of goaltending to goalies from youth to the NHL. Shane has been the Goaltending Coach for the Pittsburgh Penguins (NHL), Wilkes-Barre/Scranton Penguins (AHL), Johnstown Chiefs (ECHL), Everett Silvertips (WHL) and Ohio State University (CCHA).

From the Pros!

"From the amateur to the pro level, Shane teaches goalies the fundamentals and how to succeed in all situations. To be successful you have to have a system, Shane will teach you that system in a way any goalie will understand and use to achieve incredible results." - **Kevin Constantine, Former NHL Head**



Shane's knowledge and ability to teach the Goaltending position improved my abilities and made my game more consistent.
- **NHL Goaltender Marc-Andre Fleury**

Pre Tryout Camps

Date: April 8th

Two camps on one day!

Location:

Pittsburgh Ica Arena

700 Craigdell Road

New Kensington PA 15068

Time: 10 AM - 12 PM

and/or

2 PM - 4 PM

Daily Camp Format

2 hours of on-ice training

One 15 minute break for an ice cut.

One hour break between camps

All Goalies

Must have goalie Equipment

Limited Space Available for ADM

Pre Tryout Camps For All Goalies!



April 8th 2017

Pittsburgh Ice Arena

Two Camps One Day

10 AM - 12 PM

2 PM - 4 PM

Today's Athletics, Tomorrow's Pros!



-CAMP ITINERARY-

On-Ice Training

- Stance
- Movement
- Shot Preparation
- Butterfly
- Blocking vs. Reacting
- Blocking Saves
- Reacting Saves
- Butterfly Slide
- Lateral Adjustments
- Loading
- Post Save Rotation
- Post Save Response
- Puck Handling
- Game Situations



CAMP REGISTRATION

To Register for the camp/s fill out the information below and email it to Rick Zapata at:

Zjviperboys@gmail.com

Goalie Name-

Age-

Gender-

Day Time Phone-

Email-

Division/Level Playing

Circle Camp Time Request

10 AM--12 PM

or

2 PM—4 PM

Both Camps

CAMP COST AND PAYMENT

Cost

**\$90.00 dollars per camp
\$180 for both.**

Space is reserved once payment is received.

Camp is limited to 24 Goalies in order to give all goalies maximum attention!

Checks payable to:

Rick Zapata

Place "Goalie Camp" in

Memo Section

Checks Must be

Received by

March 31th

Mail Checks to:

Rick Zapata

430 Regency Dr.

Pgh Pa 15239

Cell: 412-559-7526

****All Payments are final!***
****May not be able to honor all requests. -No Refunds.***